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#### October 2017



Message from the Chair



Youth Winter Training



### Message from the Chair



Having just got back from the RS Aerocup in Garda it seems an opportune time to reflect on another great year for the RS Aero in the UK (as well as globally). Yet the year is not over as we still have the Inlands at Northampton, End of Seasons at Queen Mary and the Youth Winter Training Programme!

What a successful year. At the London Dinghy Show we launched our Sustainability Initiative in partnership with The Green Blue <u>https://thegreenblue.org.uk</u>. The RS Aero is the first UK fleet to be recognised as a Sustainable Fleet with an annual Sustainability Trophy event. We have had high entries at Winter, Spring, Southern and Northern Championships. We have had higher than predicted entries for the first RS Aero Worlds at Carnac with a strong representation from the UK and the Nationals at Hayling Island Sailing Club. Both events exceeding the 100 entry barrier! Roll on the Worlds at Weymouth 2018!!

We have seen a growth in youth numbers and this year Burghfield Sailing Club hosted the first ever Youth Nationals. The growth in the youth has also enabled the establishment of the RS Aero Youth Team this winter sponsored by Rooster Sailing.

We have also seen a significant growth in the number of ladies sailing in the class and we have appointed Kate Sargent





(aka the Pocket Rocket) as the Ladies Representative on the main committee.

And we have just had a record entry for the RS Aerocup at Lake Garda with again a strong representation from the UK.

I would regard myself as a reasonable sailor striving like many to break through to the next group just ahead. Just when you think you have got to grips with the Aero new thinking comes in and the speed bar is raised again. What I like is the enthusiasm from everyone to learn and share ideas to help develop each other's performance in the class. In Carnac, our UK house had informal morning briefings over breakfast where we discussed ideas to see what we could do to go faster. Looking at the results I think all the other "groups" were doing the same thing!

World RS Aero 7 Champion Steve Cockerill found the RS Aero an easy boat to sail but, had to work hard to increase his speed in the 20knt winds if he was to beat Peter Barton. He shares his experiences and tuning tips on his Rooster blog site http://www.roostersailing.com/blog/reflections-on-the-4000-euro-cup-and-aero-world-championships/.

With Cockerill and Barton 1,2 at the Worlds surely the duo will be battling to win the Nationals. But, the winds were lighter and the bar was raised again this time by the Whaley brothers. Out of the two it was going to be Sam who took the honours. Sam also shares his experience and top tips http://samwhaley.com/news/.

Notably, since the Nationals more boats are sailing with less outhaul.



The other significant development over the summer was the adoption of over deck controls. Yes, they are class legal providing you follow the class rules – it is your responsibility to ensure this!! The early adopters of Steve Norbury and Gareth Griffiths have now seen their concepts modified slightly and gaining real momentum within the class. Quote simply the over deck method seems to have less friction and gives a more versatile sheeting angle for the control lines verses below deck system. To see how it is done you can visit the Rooster Sailing site -

<u>https://www.roostersailing.com/blog/aero-over-deck-rigging/</u>. Rooster do supply a kit but, it is just as easy to do it yourself (although the Rooster Easy Splice line does make it easy for us newbies to splicing!!).

So, we have seen new thinking to get the RS Aero to go faster from the new legends in the class which reminds me that at some point we will update the tuning guide. The common thread is to keep the boat moving through the water irrespective of leg,



wind strength and wave height. As an example, and this may sound obvious but, when going upwind pinching rarely (if ever) pays over outright boat speed.

So, my reflection of the year. I should say personally I have had a great time, met lots of great people in my travels and made many new friends. Yes, the racing is great but, so is the atmosphere between races and off the water is great. I look forward to RS Aero events not just for the sailing but, for the all-round fun!

The smiles say it all!





### **UK Class Youth Winter Training**

This year the UK RS Aero Class launches its own Rooster UK Youth Team within the Winter Training programme.

#### Who

Focused on Youths under 22.

#### The Schedule

Six weekend events at top UK inland and sea sailing venues; 18/19 Nov - Oxford SC 2/3 Dec - Hayling Island SC 13/14 Jan - Carsington SC 10/11 Feb - Alton Water SC 10/11 March - Burghfield SC 7/8 April - Weymouth & Portland NSA

Enter online for each training weekend -

http://www.rsaerosailing.org/index.asp?p=events&rg=UK.

- Or pay a discounted £400 in advance for the 6 weekend series by contacting Ben Rolfe.

- Apply for a place on the Rooster RS Aero UK Youth Team here;

https://docs.google.com/forms/d/e/1FAIpQLSdUCzfW4GTZfIXEbjUSnDVjIawrJmviF9\_kK5fOfS7d2vnFlg/viewform

If you enter the whole series or apply for the Rooster Youth Team there is no need to sign up for each event, we will admin that for you.

\*\* Online entry closes on Wednesday midnight before each Winter Training event, or earlier if the available resource becomes maxed out. After that, please send any late entry requests to Peter Barton. e: <u>manager@rsaerosailing.org</u>

#### Charter RS Aeros

A limited number of Charter boats are available for the series thanks to the support of RS Sailing.

**Book-** these through Ben Rolfe (RS Sailing). e: <u>ben.rolfe@rssailing.com</u> t: 07814634892

*Cost-* £100 for the weekend or discounted at £400 for the 6 weekends.

75% of the charter fee paid will be discounted off the price of a new boat for those choosing to try before they buy.

#### UK Class Winter Youth Training

Contact: <u>ben.rolfe@rssailing.com</u>



## **Events for your Diary**

28 29 Oct Oc	Northampton SC	<u> </u>
11 12 Nov No	Uueen Mary SC	579
18 19 Nov No	Uxford SC	<b>S</b> 79
2 3 Dec De	Haviina isiana SC	<u> </u>
27 <b>Dec</b>	<u>The Brass Monkey, Yorkshire Dales</u> Yorkshire Dales SC	<u> </u>
30 <b>Dec</b>	Grafham Grand Prix Grafham Water SC	<u> </u>

#### Main championship events for your diary booked (so far) for 2018.....

17 Feb UK Winter Championships at The Oxford Blue Oxford SC Championship	<u> </u>
31       3       RS AERO UK NATIONAL CHAMPIONSHIP 2018 - Abersoch, North Wales         May       Jun       South Caernarvonshire YC         Championship       Championship	600
4     10     RS AERO WORLD CHAMPIONSHIP 2018       Aug     Aug     Weymouth & Portland NSA, UK       Championship     Championship	<b>600</b>
13     14     RS Aero UK Inland Championships 2018       Oct     Oct     Chew Valley LSC       Championship     Championship	<b>60</b> 9

### Join Now

If you would like to join simply click on the link – Join Now! <u>http://www.rsaerosailing.org/index.asp?p=membership</u>

Or visit the UK Class Association web site for more information; <u>http://www.rsaerosailing.org/index.asp</u>