



RS AERO INTERNATIONAL CLASS ASSOCIATION

Medical Certificate

CONFIDENTIAL

Name:
Country:
Date of Birth:
Sailing Club:
Next of Kin Name & Relationship:
Emergency Contact Details:
Mobile and Home Telephone:
Doctor & Contact Number:

Sailing is a risky sport that means competitors may over exert themselves in dangerous environments. There are many medical conditions that may mean some competitors are placed at a higher risk than others. If you feel you have such a medical condition, please check with your doctor and take whatever precautions are necessary. The organising committee cannot take responsibility for any pre-existing condition or adverse environment that places competitors at risk to their health or well being.

It is your responsibility to make known any potential medical conditions that may affect you during the activities associated with the sailing event you are taking part in. Please therefore provide as many details as possible. If extra precautions are necessary please let us know so that appropriate risk management can be undertaken.

This information will may shared with organisers / safety teams at events.

Have you ever suffered from any of the following conditions?

- Asthma/ Bronchitis Yes/ No
- Heart Conditions Yes/ No
- Fits, fainting or blackouts Yes/ No
- Severe Headaches Yes/ No
- Diabetes Yes/ No
- Travel Sickness Yes/ No
- Allergies to medication Yes/ No
- Any other allergies Yes/ No
- Other illnesses/disabilities Yes/No

If you have answered yes to any of the above, please provide details:	
Are you currently taking any medication? If so please specify.	
Do you have any food allergies? If so please specify.	

I confirm that I am not aware of having any medical objection to participate in sailing competition.

Signed:.....(Sailor)

Name (please print):.....**Date:**.....