

October 2016



Essential Rig Guide  
page 2



Aero's of the North  
page 3



Winter Training  
Programme  
page 3



Social Scene  
page 4

## Message from the UK Chair



**What a fantastic year we have had!**

*I took over the chair at the UK Magic Marine Nationals hosted by the Royal Torbay Yacht Club. It was a great success in spite of light airs with 70 entries of which 26 were in the 9 rig, 34 in the 7 and 11 in the 5. We saw Peter Barton become National Champion in the 9 rig with David Ellis the 7 and Archie Hainsworth in the 5. Well done!*

*A few weeks later we were off to Lymington Town who hosted our first Southern Area Championships with another good turn out. In the 9 rig Richard Watsham took*

*showed her Radial magic and won in the 7. Matthew Caiger won the 5's.*

*This year I was fortunate to have the opportunity to head off to Germany along with 21 Brits to take part in the first RS Aero European Championships at Travemunde. Light airs prevailed but, we all had a great time on and off the water! There was success in the GB camp with Richard Watsham winning the 9 fleet closely followed by Ben Rolfe and Matt Thursfield. Meanwhile, in the 7 fleet first Brit was Peter Barton who had to settle for 4th place with Archie Hainsworth winning in the 5's. Other GB successes include - Peter Townend, 1st Master and #TeamRolfe 2nd in the family teams.*

*So, back to the UK and I had the pleasure of joining 9 rig sailors at Chichester Race Week (formerly known as Fed Week) in what I thought was going to be 1 race a day*

*manageable! Oh, only the wind wasn't that light and the races were 2 hours long! Ouch!*

*Great sailing and great to meet the Aero sailors in Chichester Harbour. Would be great to see you at some events in 2017.*

*I didn't make the Northern Championships but, from the comments and photos it looked like a very windy affair! Nick has more to say in his section later but, for now I would like to congratulate Caitie Atkin in winning in a 7 rig (and for beating my son!). On that note well done to all the ladies who have taken part this year and in particular our winners Fiona Lucas (River Champs), Cathy Bartram (Eastern Areas), Chloe Martin (Southern Areas), Anne-Marie Ratnage (Nationals Junior), Kate Sargent. Lets see you at more events next year!*

The Eastern Area at Brightlingsea gave us the opportunity to test entering as a rig but, having the option to reduce rigs by sailing on the higher handicap. As it happened it was a weekend of two halves. Saturday winds and waves (not what us puddle sailors are used to) and Sunday lighter airs. In fact on Saturday given the wind and wave state I wasn't sure whether any of us would actually make it to the start line!! The rig change was well received and created good close racing over the 2 days. Well done to Peter Barton winning the weekend overall and the 9 fleet, Richard Smith in winning the 7's and Cathy Bartram in the 5's.

So where next? Well who could turn down a trip to one of Europe's famous sailing venues - Lake Garda, Italy. The Aerocup

Chelmarsh was held over 7 days with great racing in a slightly more relaxed atmosphere which could almost be described as a "holiday".

Every afternoon just after the Italian race team had finished their lunch the wind came through at 12- 18 knots. Nine great races and a chance to make new friends from around the globe including USA and Australia. From GB Ben Rolfe secured top spot in the 9 rig with Peter Barton runner up in the 7 and Kate Sargent also runner in the 5s up after an OCS on the final day.

Finally, as I write this report I would like to say a big thank you to all at Chelmarsh for making everyone feel so welcome at the Inland Championships! Well done to Peter Barton in the 9, Chelmarsh's young Drew

Wright in the 7 and Home Hainsworth in the 5

As you can see it has been a very full on year with great sailing and great company. My wife has said she is looking forward to having me back home for a few months to get some of jobs done around the house!

So, if you haven't joined us yet at any events in 2016 I would strongly recommend you do so in 2017. I can promise you great racing, great venues and even more importantly, a great group of fellow sailors who will always make you feel welcome!

Happy Aeroing!

**Nigel Rolfe**  
**UK Chair**



*UK Class Chair in action at Lake Garda*

# ESSENTIAL AERO RIG GUIDE

**Ever wondered if you need a second rig or confused about what rig to use?**

You are not alone! The good news is we now have over 18 months experience racing the Aero and so our panel of experts has been able to come up with a handy guide.

In essence there is a core element - your weight! However, this alone is not enough information to base your decision as to what rig to use. The panel has identified 3 other key factors:

**Fitness - Ability - Sea State**

**Fitness** - if you are athletic you will be able to manage that extra

bit of power as the wind picks up.

**Ability** - the less experienced and confident you are the earlier you may adopt a smaller rig. Quite simply - keep it manageable!

**Sea State** - The more waves or chop the harder keeping that essential momentum becomes. That extra bit of weight and fitness makes all the difference.

So who sails what?

In the UK, you will notice 9 rigs are common on lakes along with the 7's. However, on the sea it is more common to see more 7's and 5's. This supports the information contained in the guide.

The 5 rig is a popular choice for youth's and lighter adults. It also is popular on those windy days on the coast!! It is by no means just a youth rig!

Should I have more than one rig? The answer depends on how much you want to enjoy your sailing and where you fall on the grid. The Aero is a fantastic boat so why not enjoy it in all conditions! For many having the ability to power up or down rather than being frustrated in the light winds by being underpowered or even sitting it out on those really windy days. Why not enjoy sailing in both extremes? However, for some though there is only one rig option which makes decisions much easier!

At championships you have to make the rig decision before you enter and stick with it. It is often a judgement call looking at the predicted wind & sea state and then choosing the rig you believe will give you the best sailing. If the wind is marginal this can be a real conundrum but, it is often better to be prudent and be under than over powered. The flexibility of having options on rig choice increase participation, enjoyment and safety.

More than one rig? You need to decide.

RS Aero Rig Choice by Weight and Wind

Wind/ Weight	35	40	45	50	55	60	65	70	75	80	85	90	95	100
5	5	5	5/7	5/7	5/7	7	7	7/9	7/9	7/9	9	9	9	9
10	5	5	5	5/7	5/7	7	7	7	7/9	7/9	9	9	9	9
15	5	5	5	5	5/7	7	7	7	7	7/9	9	9	9	9
20	5	5	5	5	5	5/7	7	7	7	7	7/9	9	9	9
25	5	5	5	5	5	5/7	5/7	7	7	7	7/9	7/9	9	9
30	5	5	5	5	5	5/7	5/7	5/7	7	7	7/9	7/9	7/9	9

The above table assumes good fitness and sailing inland

**Wind** - Average wind speed in knots

**Weight** - in Kilos (before kit)

Make the following adjustments to your weight to help your rig selection:

Adjustments	Low / Big Waves	Medium	High / Flat Water
<b>Fitness</b>	-10kgs	-5kgs	0 kgs
<b>Ability</b>	-10kgs	-5kgs	0 kgs
<b>Sea State</b>	-10kg	-5kgs	0 kgs

So, if you weigh 85kg in 15knts sailing on a lake what rig?

Medium fitness suggests a 7 or 9 rig (-5kg = 80kg)

Plus, if your ability is as about medium then a 7 rig (-5kg = 75kg)

## AERO'S OF THE NORTH

**As the first RS Aero Northern Championships concludes and with just the 2 joint northern/southern events remaining, we can report a very successful year one.**

*The four standalone events so far were well represented with entries in double figures for all but one.*

*Yorkshire Dales SC hosted the first event and had both fabulous weather and great wind. Everyone who attended had a great time and enjoyed some fabulous sailing.*

*Filey SC hosted the next event. We were invited to join their annual 2 day regatta, again fabulous sunshine with lots & lots of wind over the 2 days especially on the Saturday. Filey had arranged a great evening meal and entertainment which saw the Aero guys throwing themselves into with great gusto!*

*Bassenthwaite SC is a great location in the Lake District. This was another 2 day event with lots of wind. Live music and a great disco in the evening saw all the Aero team getting in-*



*involved and partying the night away.*

*Up to Scotland to North Berwick for our most recent event. Quite a trip but worth making the journey. ELYC were great hosts. We had 4 races with medium to light winds across the day. These were sailed back to back with a quick, efficient turnaround. Catering was excellent and a warming 'apres-sail' in the cosy bar was convivial for the prize giving.*

*There is lots of interest shown in the Aero where ever we sailed and in addition to the official events, four Aero's attended Ullswater for the famous Birkett trophy and three Aero's attended Lake Bala for the August bank holiday regatta. Both of*

*these clubs would like to host the Aero's next year.*

*2017 – Proposed Program:*

*Easter Regatta Ullswater, 4 day event – Good Friday as a training Day.*

*First weekend of June, North Berwick 2 day event (date TBC).*

*Filey Regatta Mid-June (date TBC).*

*Yorkshire Dales SC, (date TBC).*

*Aberdeen Stonehaven YC 19th & 20th August (date TBC).*

*Bala SC August bank holiday regatta.*

*See you on the water!!*

**Nick Craven,**

**Northern Representative**

### **End of Seasons Spectacular!!**

*Where North meets South for the final Northern and Southern Circuit events of the year. A grand finale at Rutland on the 5th/6th November with other RS Classes. Great racing and a great party for all! [Enter now](#) to avoid disappointment.*

# UK Class Winter Training

**All inclusive Top Level Coaching across the whole range from Youths and Aero newbies right through to those preparing for next year's World Championships in France.**

## **Who**

Whilst focused on Youths - all are welcome!  
Under 22s, Parents of sailors, local sailors and RS Aero sailors generally...

## **The Schedule**

Six weekend events at top UK sailing inland and sea venues;  
19/20 Nov - Oxford SC  
3/4 Dec - Hayling Island SC - with the RS Teras  
28/29 Jan - Alton Water SC  
18/19 Feb - Oxford SC - incorporating the RS Aero UK Winter Champs at the Oxford Blue\*  
18/19 Mar - Draycote WSC - with the RS Teras  
8/9 Apr - Lymington Town SC

\*Saturday 18th Feb is the Oxford Blue SailJuice Winter event, incorporating the RS Aero Winter Champs. Coaches will be on the water on Saturday watching the racing and assisting sailors before, after and in between races. We will then put together a good agenda to work through on the Sunday!

For full details on individual events please check the [UK Events Page](#).

## **Enter**

Online above for the series or via the individual event page for an individual event.

## **Training fee**

Discounted at £385 for the 12 days (includes assistance at the Oxford Blue) or £80 per weekend.

## **Charter RS Aeros**

A limited number of Charter boats are available for the series thanks to the support of RS Sailing.

Book- these through Ben Rolfe (RS Sailing).

e: [ben.rolfe@rssailing.com](mailto:ben.rolfe@rssailing.com)

t: 07814634892

Pay- via this page for the series or the individual event page for an individual event. Discounted at £450 for the 6 weekends or £100 per weekend. Book early to avoid disappointment!

75% of the charter fee paid will be discounted off the price of a new boat for those choosing to try before they buy.

Contact: **Peter Atkin**

Email:

[youthcoordinator@rsaerosailing.org](mailto:youthcoordinator@rsaerosailing.org)

Website: <http://www.rsaerosailing.org>



# SOCIAL SCENE

***This year so far the Aero's have been across Europe with the Europeans in Germany and the recent Aero-Cup in Italy. Socials have been very successful at both these major events in Germany the UK teamed up with the US in the Havana Club Rum Bar, and a very successful international party organised by Heather Chipperfield, bringing all the Nations together with some country nibbles and drinks.***

*In the Italian mountains we had numerous planned socials, including two trips to the controversial German Restaurant SpeckStube & a couple of trips into Malcesine.*

*Looking back to the UK Nationals in Torquay we had many nights out with some having one too many on the first night in The Hole in The Wall Pub with live music meant attendance on the second night especially by Team Burghfield was slightly weak. The final*

*night was the well constructed and planned Annual Awards put together by Ben Rolfe & Peter Barton with prizes and a formal dinner.*

*Overall this year has been very successful with socials and all have been well attended. Please keep an eye out for future socials at Rutland on the 5/6 November for the End of Season Championships.*

*Ben Rolfe, Social Sec and RS Sailing*



Team Burghfield enjoying an early night!

## ***Charter Boats***

*RS have kindly put together a charter trailer with 3 boats going to as many Aero events as possible with Ben Rolfe. Charter fees vary dependent upon the event. Contact him at 07814634892 [ben.Rolfe@rssailing.co.uk](mailto:ben.Rolfe@rssailing.co.uk).*

# Championships & Winter Opens 2017

**Changes for 2017 with Championships no longer forming parts of Southern or Northern circuits but will be stand alone events in their own right.**

However, local open meetings will form part of the new 2017 Northern and Southern Circuits. This is to promote and support the development of Aero fleets across the UK and recognising the increased numbers of Aero sailors looking for more regional

competitions. Racing at opens will be either on a PY basis or fleet depending upon entry numbers. Please check the [class website](#) for event details. Great racing and fun is guaranteed for all!

Main events currently booked for 2017 include :

In 2017 we will see our first **World Championships** which will take place in Carnac, France which I am sure will be extremely popular. Dates are 24th-28th

July 2017. Lets make sure we have great support from the UK.

**2017 UK Nationals** – 31st August - 3rd September, Hayling Island Sailing Club.

See the [UK Events Page](#) on the Class website for full details.

---

## Benefits of Membership

**Join our Class Association to get the most from your boat.**

In addition to great racing and coaching opportunities RS Class Association members also receive a host of other benefits.

RS Aero Members have all year round access to discounts on many top brands on-line and in-store, currently:

- Allen Brother Hardware 15%
- Kingfisher & Gottifredi Maffioli Rope 15%
- Magic Marine Clothing 15%
- Oakley Sunglasses 10%
- Annual new sails deal

**Noble Marine Insurance – Get 10% discount on your insurance renewal.**

From 1 January 2017, you will be entitled to 10% discount off the insurance for your RS boat or fleet. This can be claimed by calling 01636 707606 to take out and/ or renew your RS dinghy policy providing your RS Membership number or by following the Class Association heading in the Insurance Section found on Noble Marine's web-site [www.noblemarine.co.uk](http://www.noblemarine.co.uk)

The **current benefits**, listed below, are all still available.

\* up to 25% on a new Volvo, via their Affinity Deal

\*Discount on June holidays with Minorca Sailing

\*15% discount on in-store purchases at Crew Clothing

\*10% discount on repair work undertaken by [2ndhand-dinghies.com](http://2ndhand-dinghies.com)

### Join Now

If you would like to join simply click on the link - [Join Now!](#)

Or visit the UK Class Association web site for more information - [More Information.](#)